

## Privacy Policy

At LeTisha Underwood Dating Counseling Services, we prioritize the confidentiality, privacy, and ethical treatment of our clients. Please review the following important information regarding our counseling services:

---

### Counseling Disclaimer

Our counselors are professionals, but they are **not licensed mental health professionals** and **cannot provide mental health treatment or diagnose any mental health disorders**. Counselors are only able to offer **guidance using psychological concepts** (such as attachment theory) to help clients understand their behavior in relationships.

We do not use the **DSM-5-TR** (Diagnostic and Statistical Manual of Mental Disorders) in our services.

If, during your sessions, it is determined that you may require mental health treatment, we will provide a referral to an appropriate mental health professional. Our goal is to guide you in understanding your attachment style and relationship behaviors, not to diagnose or treat mental health disorders.

---

### Recording

During counseling sessions, **recordings of any kind** (including audio, video, or written transcripts) are strictly prohibited without prior **explicit consent** from both the counselor and the client. Any unauthorized recording is a violation of confidentiality and may lead to **legal consequences**.

---

### Privacy

We prioritize the confidentiality and privacy of our clients. Information shared during counseling sessions will be kept confidential unless disclosure is required by law or when there is an imminent risk of harm to the client or others. However, it's important to understand that while every effort is made to maintain confidentiality, **absolute security cannot be guaranteed** over electronic communication channels.

---

### Ethics

Our counseling services adhere to ethical guidelines established by professional counseling associations. These include principles such as respect for client autonomy, beneficence, non-maleficence, justice, and fidelity. Our counselors are committed to providing ethical and competent care, ensuring that clients are treated with dignity and respect at all times.

---

By engaging in counseling services with us, you acknowledge your understanding and acceptance of these terms regarding **recording, privacy, and ethics**. If you have any questions or concerns about these policies, please feel free to discuss them with your counselor.