

Terms & Conditions

At LeTisha Underwood Dating Counseling Services, we are committed to providing valuable guidance to help you better understand your dating and relationship behaviors. Please note the following important information:

Counseling Disclaimer

Our counselors are professionals; however, they are **not licensed mental health professionals**.

As such, they are **unable to offer mental health treatment or diagnose any mental health disorders**. Our counselors provide **guidance using psychological concepts**, such as attachment theory, to help clients understand their behavior and relationship patterns. **We do not use the DSM-5-TR** (Diagnostic and Statistical Manual of Mental Disorders) in our counseling services.

If, during your sessions, it is believed that you may need mental health treatment, we will provide a referral to an appropriate mental health professional. Our goal is to support you in navigating your relationship patterns, not to replace or diagnose any mental health issues. If you believe you may need mental health support, please reach out to a licensed therapist, counselor, or psychiatrist.

No Shows

If you fail to attend a scheduled counseling session without prior notice or explanation, the session will be considered a **"no-show."** No refunds or rescheduling options for missed sessions due to no-shows will be offered.

Late Cancellations

If you need to cancel a scheduled session, we kindly ask for at least **24 hours' notice** before the appointment time. Cancellations made within this timeframe will be considered **"late cancellations."**

While we understand emergencies may occur, **late cancellations** disrupt our scheduling and prevent other clients from utilizing the time slot. For any late cancellations or no-show occurrences, the session fee will still apply, and no refunds or rescheduling options will be offered.

We appreciate your understanding and cooperation in adhering to this policy. If you have any questions or concerns, please don't hesitate to contact us. Thank you for choosing our counseling services.